

TEXT MODULES | SMARTFIT Q5

ENGLISH

A Better Fit for You and Your Bike

Your bike should do more than fit. It should feel like it was made for you. With our Smartfit Q5 system, we offer professional bike fitting to help ensure that your bike is set up to suit your body and your individual needs.

During the fitting, we carefully adjust your bike so that your riding position, movement, and power transfer work together as naturally as possible. This can help improve comfort and efficiency while reducing common issues such as numb hands, neck tension, or knee discomfort.

The result is a bike that feels more comfortable, more natural, and better suited to you on every ride.

This is for you if you...

- want your bike ergonomically adjusted to fit your body.
- want to feel more comfortable on longer trips.
- are looking to prevent or reduce discomfort in your knees, back, neck, or wrists.
- want your position on the bike tailored to your individual needs.
- want greater comfort and confidence on your bike.

Bike Fitting | Step-By-Step

1. **Body Scan** | We begin by taking precise body measurements using an inseam measuring device and laser technology.
2. **Bike Scan** | Next, we measure your bike. All relevant data is transferred directly into the Smartfit system.
3. **Riding Position** | Using these measurements, we determine the riding position that best supports your body and individual needs.
4. **Bike Adjustment** | We then use laser-guided measurements to adjust your bike precisely to your recommended setup.
5. **Motion Analysis** | We also carry out a dynamic video motion analysis while you pedal on the bike. This allows us to observe your movement in real time, identify potentially problematic patterns, and make targeted adjustments together with you.
6. **The Result** | A more comfortable and efficient riding position that can help improve performance, reduce the risk of discomfort, and make every ride more enjoyable.

Stop by and find your perfect fit!

Our Bike Fitting service is available by **appointment** only. This gives us the time to carefully adjust your bike to fit you, your body, and your riding needs.

[\[Book your appointment now\]](#)

Smartfit Q5

**Your Position.
Your Movement.
Your Perfect Setup.**

The Smartfit Q5 combines precise laser measurement with high-resolution video analysis. This allows us to assess your riding position, movement patterns, and bike geometry in detail.

The result is a reliable foundation for a highly comprehensive and personalized bike fitting.

About Smartfit

Smartfit stands for more than **25 years of developing professional measurement and consultation systems for bike retailers.**

With these tools, we can precisely analyze your body measurements and ergonomically adjust the bike to you – **from frame size to riding position and beyond.**